

The Social Impact of The Esther Foundation

June/July 2020



Program Outcomes

The Esther Foundation provides a safe, structured and supportive environment for girls and women from crisis backgrounds. Its residential, health, development and leadership program is designed to help them overcome their challenges and reach their full potential.

Ages

13 to 33 year old females.

Sample Size

Seven individuals in the first six months of the program compared with 17 individuals who have been in the program for over 6 months.

On average, the respondents who have been in the program for more than six months have a **72% higher Wellbeing** than those who have been in the program under six months

Access to Personal Relationships

+92%

Increased opportunity to spend quality time with family

Substance Use

+58%

Improved ability to resist drugs or alcohol

Connection to Culture

+57%

Increase in feeling connected to culture or ancestral heritage

Daily Skills

+39%

Improved ability to run a household (e.g. cooking, cleaning, shopping)

Purpose

+35%

Increased sense of purpose in life

Note: The differences between the two groups are of statistical significance, meaning the results are unlikely to be due to chance or coincidence.